Systematic approach to sonographic evaluation of the pelvis in women with suspected endometriosis, including terms, definitions and measurements

A consensus opinion from the International Deep Endometriosis Analysis (IDEA) group


A. ANTERIOR COMPARTMENT

B. POSTERIOR COMPARTMENT

DYNAMIC ULTRASONOGRAPHY

First step: Routine evaluation of uterus and adnexa (+ sonographic signs of adenomyosis/presence or absence of endometrioma)
Second step: Evaluation of transvaginal sonographic “soft markers” (i.e. site-specific tenderness and ovarian mobility)
Third step: Assessment of status of POD using real-time ultrasound-based “sliding sign”
Fourth step: Assessment for DIE nodules in anterior and posterior compartments

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